

The Second Mile



Our Sincere Invitation

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Director: Rev. Dr. Francis Ngoi

By God's grace Oasis Family Life Education Centre has developed and tested a series of down-to-earth family wellness programmes to help individuals establish Christ-centred families, so that they will be able to love one another as Christ has loved them.

The Second Mile is published to commemorate the 5th Anniversary of our ministry, with the aim of inviting interested parties to be equipped as family life educators (ambassadors) so as to promote our Family Wellness programmes in their respective churches to establish more Christ-centred families.

Successful candidates may be registered as members of the "Association for the Christian Family Life Ambassadors" and work with us for the extension of the family life ministry at various places.

The Family Life Educators Training Course

Objectives:

- To enlighten participants to appreciate Christian family structures in the light of systemic theories.
- To encourage participants to establish a systematic family life education programme in their church.
- To equip participants to inculcate a Christian family lifestyle in their homes as a means of passing down their faith to their children.
- To enable participants to use Christian beliefs skillfully as a means of helping marriages and families in crises.
- To encourage participants to make full use of the process of interactions among family members as a means of building Christian characters.

Synopsis:

The course highlights the meaning of the image and the likeness of the Triune God in the light of systemic theories as the basis of building Christian family systems. In addition, it imparts the concept of building Christian character and the capacities of love through the Christian family structure and the interacting process among the family members. The course participants will learn how

Christian lifestyle and the family structure can be used as the key to enhance the spiritual life.

1st module:

It is opened to all interested parties. Candidates have to complete about 30 hours of class sessions and to write an essay of not less than 6,000 words as their reflections of the lessons they have learnt.

2nd module:

Only qualified candidates will be encouraged to continue in this module. Here candidates will be made aware of their own uniqueness, be trained to listen and consolidate ideas as basic skills for counselling and to lead the family wellness courses. Candidates are required to write a reflection of their course experience with the other participants including their first impressions, growth and influence of their behavioural traits.

3rd module:

Candidates will be instructed in all the course materials of the family wellness programmes. At the end of the module, each of them will have to write his/her plan and strategies for the implementation of the family life ministry in his/her church or home base.

4th module:

Candidates will have to implement their plans as their practical work in their church or home base. Successful candidates will be awarded with a Family Life Ambassador Certificate. They are qualified to promote all the family wellness programmes of our centre as well as counsel dysfunctional marriages and families. They may be registered as members of the Association for Christian Family Life Ambassadors.

Family Wellness Programmes

The focus is on building a Christ-centred and non-threatening atmosphere during the class sessions for the participants to learn how to integrate their Christian beliefs with family lives and to inculcate the skills for interacting with their family members.

1. **The Self-awareness Course** is a well-designed programme to awaken the participants' consciousness of being unique individuals, created in the image of God to love themselves, others as well as God. It is suitable for all age groups, Christian and pre-Christians alike.
2. **The Marriage Preparation Course** aims at enlightening premarital couples with Biblical insights into building a growth process for the capacities of love through their marital journey. Couples are challenged to regard their marriage as a mission of building up one another as members of the body of Christ.
3. **The Parenting Course** highlights the development of Christian character through the parenting process and having a Christ-centred family structure. Participants are reminded that a child should be taught in the way he should go, as well as how to bridge the inter generation gaps.
4. **Rekindle Your Flame** enhances the communication process between couples in the light of building their capacities of love through their marital journey. Participants normally become more loving towards one another and usually reaffirm their marital vows at the end of the programme.
5. **Family Altar** creates an avenue for parents, especially the fathers to lead their families to serve the Lord as a family. It enhances cohesiveness among family members and leads them to have personal encounters with Christ through prayers and the sharing of God's Word.
6. **The Covenant Family Groups** are formed by 4 to 6 couples as mutual support groups for the purpose of equipping parents to lead family altars through the sharing of their Biblical insights by studying the "Blue Print of Christian Family Life" or "The Family Altar Book" published by the centre.

History

The Oasis Family Life Education Centre started off at the Grace Methodist Church with Rev Ngoi as the pastor who established a child guidance department to equip couples and parents for the ministry of building up their families and parenting skills in the light of Christian beliefs. The idea was brought to the attention of the President of the Chinese Annual Conference, Rev. Khoo Cheng Hoot before the 26th Chinese Annual Conference in 2001. Rev. Dr. Francis Ngoi was appointed to spearhead a church-based family life education centre to promote programmes that would help Christians to integrate their beliefs with their family lives as a mission.

Vision Statement

"Integrating Christian beliefs with family life."

Logo

The logo is symbolic of our mission in helping Christians build Christ-centred families, based on God's living Word: Spiritual growth is enhanced, like a palm tree through various transitional stages of a family's lifecycle, in the hope that believers may grow sequentially with ever-increasing capacities of love such as faith, virtue, knowledge, self-control, perseverance, godliness, brotherly affection and love for all men. (II Peter 1:5-7).

Profile of the Director



Rev Dr. Francis Ngoi served as a pastor in CAC, Methodist Church in Singapore for 25 years before he was appointed to spearhead the Family Life Education Centre. He also served as a part-time assistant supervisor for Clinical Pastoral Care Training with the Association for Pastoral Care in Malaysia and Singapore. In addition, he has taught Pastoral Care and Counselling in Trinity Theological College. He obtained his Bachelor of Theology and Master in Pastoral Care from Trinity Theological College in Singapore, D. Min. in Personality, Culture and Religion from Boston University and Diploma in Marital and Family Therapy from the Institute of Family Therapy, London. He is a member of the Association for Family Therapy and the Association for Christian Counsellors in Singapore.

Future direction of the ministry

- To provide professional help to dysfunctional marriages and families.
- To train Family-Life educators and Christian counselors for churches and to educate the communities at large on Christian family life.
- To publish materials for family education and the family altar.
- To extend the family life education ministry to our neighbouring countries, especially China.

How can one be involved in our ministry?

- Register on-line (www.oasisflec.org.sg) for our Family Life Educators training course
- Attend the family wellness programmes conducted by our Family-Life Educators.
- Pray for the ministry.
- Donate generously by making your cheques payable to "The Methodist Church in Singapore" and indicate at the back of the cheque "For Oasisflec" and post it to our centre.